

SUGGESTED BACKPACKING GEAR LIST

SPRING / SUMMER

Gear

- Backpack
- Compass & Topographic Map
- Knife
- Flashlight (Small)
- Waterproof Matches & Lighter
- Candle (small)
- Personal First Aid kit
- Sunglasses
- Sunscreen
- Whistle
- Nylon cord (parachute)
- Emergency (Space) Blanket
- Emergency food (energy bar, etc.)
- 2- 1 qt water bottles or hydration pack
- Daypack
- Sleeping Bag
- Sleeping Pad
- Small plastic shovel
- Bowl
- Cup
- Spoon
- Snack Food
- Lip balm
- Bug Repellent
- Large trashbag for pack cover
- Ziplock bags
- Toothbrush & Toothpaste
- Toilet paper
- Small Towel
- Pencil & paper
- Personal Medication (Scout and parent must inform adult leader)

Food (By Patrol)

- Breakfast
- Lunch
- Dinner

Gear, Cooking Supplies, Etc. (By Patrol)

- Tent
- Tarp
- Stove & Fuel
- Cooking utensils
- Pots & Pans
- Scrub pad
- Dish soap
- Water filter & Iodine tablets
- Bear bag or Bear can

Clothing

- Boots
- Poncho / Rain gear (or large trashbag)
- Long pants
- Shorts
- Extra Polyester or Nylon T-shirt
- Lightweight long underwear (top & bottom)
- Extra Underwear
- Wool or acrylic cap
- Hat (sunshade)
- Gloves
- Extra hiking socks (1 pair)
- Extra sock liners (1 or 2 pair)
- Fleece pullover
- Windproof lightweight jacket
- OR substitute pullover and light jacket for heavier jacket
- Camp shoes (for wet hikes)

Clothing should preferably be all synthetic, wool or silk. Cotton takes a long time to dry and is not desirable for backpacking.